

Dolphin Doings

Dad's Club BB Meet

Upcoming Events

May		
26-28	BB & Under Meet	NWAVE
June		
2-4	A & Up	FCST
2-4	Senior Circuit 2	Dallas
9-11	Damon McCoy Shreveport	COSST LA

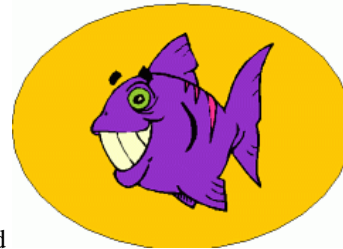
Dad's Club BB Meet

Thank you to all the parents and swimmers that worked this meet to make this a great success. There was a tremendous amount of work that went into the production of this meet. Frank Robinson, Lee Shuchart, and Georgia Marrow served as meet directors, Linda Kutac arranged for all the parking, Fred Shuchart manned the concession stands, past meet directors Skip Piatkowski and Jim Rockwell provided past expertise, Jim Shoemaker, Toni Grafner, Richard Sewell –dragged from meet retirement, and David Eustice manned the computers. Many more had a huge impact on the success of the meet. Thanks to all.

Dad's Club BB Meet Results

Foster Askew swam both the 100 and 50 free for the first time, Madeline Barrett hit 3 best times improving 8 seconds in the 100 back; Emile Beck swam the 50 free for the first time; Sarah Blackwell hit 5 best times dropping 7 seconds in the 200 free; Melissa Blott achieved 3 best times and improved 13 seconds in the 200 free; Jonty Bond improved in both the 100 and 200 free; Zoe Bond snagged 3 best times dropping 11 seconds in the 200 breast; Beck y Busmire surged to best times in all events; Nicole Cappon swam the 200 free and 100 fly for the first time; Hanna Cooper won four events and had 100 % improvement; Caddie Dull swam the 50 free for the first time; Chris Eustice was a first timer in 5 events; Dwayne Fortier dropped time in the 200 free; Caleigh Geiser had 100 % best times her best being 5 second drop in the 50 fly; Claire Geiser improved in 5 events, with a 2nd place finish in the 100 breast; Ian hay swam his best in the 50 breast; Cole Hepper improved in 4 events with a 3 second drop in the 200 IM; Sara Holland hit 4 best times; Clayton Holmes dropped in the 100 breast and fly; Santi Jimenez

swam well in both the 50 free and breast in his first long course meet; David Kong did well in his first outing in the 50 back and 100 breast. Dong Kong dropped in the 50 free; George Kutac swam the 100 and 50 free as well as the 50 back in his first long course meet; Caroline Lee improved 9 seconds in the 200 IM; Hudson Lorning improved in the 50 back; Jackie Manley cruised to best times in the 100 back and 50 fly; Lilly Marrow had huge improvements in the 100 back and 200 free; Eila Motley swam 7 events for the first time long course and placed in the 200 free; Claire Mouton improved in the 50 back swimming 3 events for the first time; Julia O'Loughlin had a great meet dropping 16 seconds in the 400 free winning that event; Emma Partridge hit 2 best times with a 7 second improvement in the 50 fly; Aria Pearlman-Morales hit 3 best times with a 9 second drop in the 100 free; Evan Pearlman-Morales dropped in every event with a 16



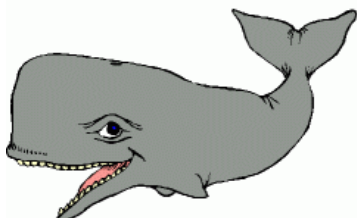
second improvement in the 100 breast; Tanya Peifer swam long course for the first time and did a great job in all seven of her events; Marielle Pichon had major drops on the 100 breast -13 seconds, and 100 free 18 seconds; Kamryn Pursell swam 3 events improving in the 50 Back; Matthew Pyle swam 5 new events and improved in the 50 back; Alex Ramirez swam the 50 free and back in his first long course meet; Katie Russell was within a second of all her best times and improved in the 100 back and 200 free; Susannah Shoemaker got an opportunity to swim the breaststroke events improving in the 200 free; Mark Storey improved in all his events with bit time drops in the 50 breast 9 seconds, and 50 back 3 seconds; Kayvon Tavakoli got his taste of long course swimming the 50 free and 100 breast; Brandt Trefny had 100% improvement with his best in the 100 breast 10 seconds, and 100 fly 14 seconds; and finally Danielle Yoon swam the 50 breast improving 1 second. This was a great meet for all the swimmers. Many swimming for the first ime, and several moving on to the next level. Congratulations to all.

Great Job Dad's Club

Swimmers are off to a great start this summer season. Dad's Club is pointing toward a training / travel trip to Shreveport in 2 weeks. Practices will be more intense as we take 30 swimmers to the Damon McCoy meet. There will be several team represented from all over the southern region and will be a fast meet.

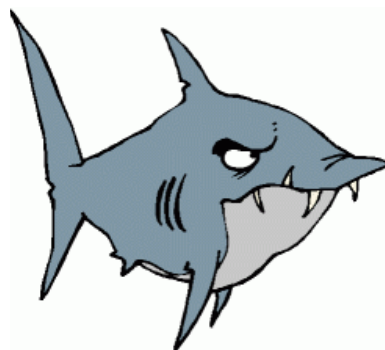
Senior Circuit 1 Woodlands

Dad's Club was well represented by Hunter Bayley, Caroline Eustice, and Carliegh Kutac. Hunter grabbed a victory in the 200 back, took a 4th in the 400 free, and 6th in the 200 free. He was perfect in his improvement for the meet. Caroline Eustice is swimmer very well. She was very close to all her best times and has begun to improve in all her off events. Carleigh Kutac snagged a 6th place finish in the 50 free, and also was just of several best times in 400 200 and 100 free, as well as the 100 back. Great job by all.



Woodlands A meet

13 swimmers participated at the woodlands A meet on May 7-9th. Harrison Robinson placed 1st in 4 events and achieved his first long course top 16 in the 100 butterfly with a time of 1:06.50. Danielle Yoon placed first in two events including the 200IM where she dropped eight seconds. Shelby Bottoms grabbed 5 2nd place finishes with a 2 second improvement in fly, Jackie Manley, Susannah Shoemaker, Zoe Bond and Jay Rockwell all turned in season best times. Jay had an outstanding 100 fly both went a 1:08 well over two seconds faster than their old mark. Katherine MacLean placed 4th - 100 free, 5th - 400 free, and 6th - 100 back. This was Clayton Holmes and Hanna Cooper's first A meet. Hannah turned in 3 best times and dropped six seconds in the 100fly. Clayton achieved his first double A time in the 50 free. Catherine Wagner had all great swims the 200fly and 800free she swam for the first time and in the 200free and 400IM she was very close to Tags times. Beth Ballard and Julia O'loughlin turned in 100% best times. Beth dropped a total of more than 20seconds and Julia had an awesome 100 freestyle in which she showed her sprinting ability.



Swimmers of the Week

Congratulations to the following Swimmers of the Week. These swimmers have been recognized for their outstanding efforts in the all aspects of swimming, working hard setting good example, having a great attitude.

Blue Team

Alex Ramirez
Claire Mouton
Brittany Dimock
Evan Pearlman Morales

Bronze

Sara Holland
Kunal Pasrija
Mathew Pyle
Kamryn Pursell



Gold Attendance

Gold team swimmers have done an outstanding job with their attendance. The best attendance record is held by :
Caroline Eustice 100%,
Carleigh Kutac and Catherine Wagner 97%
Shelby Bottoms and Jay Rockwell 92%
Great swimmers all have great attendance!!

Fuel up!!

Now that the summer is upon us it is most important to drink plenty liquid during the day to be prepared for practice and meets. Eating a well balance meal that contains carbohydrates for fuel and protein for muscle repair and recovery are essential for great performances in practice as well as at meets. The best athletes in the world consider this as top priority in their training regime. Make it part of yours. It will pay off every day!



of